

**Supplementary WORKSHOPS (additional fees)**  
**Friday, October 9 and Saturday, October 10**  
**Eastern Time Zone**

Fee options: choose and pay for one OR pay for 2 and get 3 (choose 1 from each time block)

**Friday, Oct 9 - 12:00pm – 2:00pm**

**Workshop A: SDBP Complex ADHD Guidelines: Making Guidelines Meaningful To The Child, Family, School Team, And Inter-Professional Colleagues**

*Ludwig Erik von Hahn, MD, Floating Hospital for Children/Tufts Medical Center, Boston, MA; Lisa Prock, MD, MPH; Jason Fogler, PhD, Boston Children's Hospital/Harvard Medical School, Boston, MA; Kathleen Pitterle Petrick, DO, Nemours Al DuPont Hospital for Children, Wilmington, DE*

**Description:**

This interactive workshop will teach participants how to develop a comprehensive treatment plan for the child or adolescent who presents with Complex ADHD. The workshop identifies observable behaviors which present in the child with Complex ADHD. Participants will learn about how these observable behaviors help identify underlying impairments or challenges, and how they reveal targets for intervention. At the conclusion of this workshop, Developmental-Behavioral Pediatric practitioners will be positioned to provide the psychoeducation needed for successful treatment, collaborate with the child and family, and coordinate care with professional and non-professional adults located in schools, clinics, and other settings.

**Workshop B: Telehealth After COVID-19: Lessons Learned and Lingering Questions**

*Brian Tang, MD, Palo Alto Foundation Medical Group, San Jose, CA; David Ansel, MD, Stanford University, Palo Alto, CA; Marilyn Augustyn, MD, Boston University, Somerville, MA; Benjamin Black, MD, University of Missouri, Columbia, MO; Paul Dressler, MD, Vanderbilt University, Nashville, TN; Suzanne Martin Herz, MD, UCSF, San Francisco, CA; Alyssa King, PhD, Boston University, Boston, MA; Eku Walker, NP, Palo Alto Foundation Medical Group, Fremont, CA*

**Description:**

Developmental-behavioral pediatric professionals will broaden their knowledge about telehealth and leave with ideas on how to incorporate telehealth into their practices or improve upon their preexisting practices. The workshop leaders come from a wide spectrum of practice models and experiences with telehealth.

**Friday, Oct 9 - 4:30pm – 6:30pm**

### **Workshop C: Sexuality and Relationship Education for Adolescents with ASD and related Neurodevelopmental Disorders**

*Christina Sakai, MD, Tufts Medical Center, Boston, MA; Eileen Crehan, PhD, Tufts University, Medford, MA; Karen Bresnahan, MD; Christina Mule, PhD, Tufts Medical Center, Boston, MA; Elizabeth Schmidt, PhD, Boston University, Boston, MA*

Description:

Developmental-behavioral pediatrics professionals from all levels and disciplines will develop strategies to support sexuality and relationship education (SRE) in youth with autism spectrum disorder (ASD) and their parents. This workshop will be led by a diverse inter-professional group of researchers and clinicians. We will review how ASD affects intimate relationships and sexual behavior. We will discuss best practices for teaching sensitive content, and what research has identified as crucial teaching areas. This interactive workshop utilizes videos, vignettes, and role-playing to teach hands-on skills to engage youth and parents in addressing puberty and sexuality in different practice settings.

### **Workshop D: Create Your Own Quality Improvement Project to Earn Maintenance of Certification Part 4 Credit Using the Complex ADHD Guidelines**

*Eugenia Chan, MD, MPH, Boston Children's Hospital, Boston, MA; Julia Anixt, MD, Cincinnati Children's Hospital Medical Center, Cincinnati, OH; Lisa Campbell, MD, Children's Mercy Hospital, Kansas City, MO; Peter Chung, MD, University of California, Irvine, Santa Ana, CA*

Description:

Earn American Board of Pediatrics (ABP) Maintenance of Certification (MOC) Part 4 credit with QI projects you are already doing in your own practice! Workshop participants will (1) learn how to find existing MOC part 4 activities, (2) become familiar with ABP standards for QI projects that are eligible for MOC part 4 credit, and (3) learn how to use standard QI tools and methods to develop their own MOC 4-eligible projects, using the SDBP Complex ADHD guidelines as an example. Participants should be familiar with the Complex ADHD guideline prior to participating in the workshop.

**Saturday, Oct 10 - 10:00am – 12:00pm**

### **Workshop E: Behavioral Parent Training for Complex Presentations: Fundamentals, Adaptations, and Strategies for Expanding Access**

*Cy Nadler, PhD, Children's Mercy Kansas City, Kansas City, MO; Michelle Grimes, PhD, Southern Utah University, Cedar City, UT; Emily Haranin, PhD, University of Southern California Keck School of Medicine, Los Angeles, CA; Sarah Nyp, MD, Children's Mercy Kansas City, Kansas City, MO*

Description:

The SDBP Complex ADHD Guidelines and AAP ADHD Guidelines both emphasize the importance of behavioral supports, yet access remains limited for many children. Behavioral parent training (BPT) is an efficacious and cost-effective intervention modality readily adapted for developmental-behavioral clinic settings. This workshop will provide a primer on BPT, adaptations to address comorbid conditions (autism, anxiety), and extensions of BPT models to increase access (group, telehealth, self-guided, etc.).

Presenters will embed issues related to diversity, access, and supporting family engagement throughout the workshop, closing with discussion regarding how attendees can improve access to evidence-based behavioral strategies in their work settings.

## **Workshop F: Advocacy in the Wake of a Pandemic: Finding Creative Opportunities in Crisis and Speaking up for the Voiceless**

*Robert Keder, MD, Connecticut Children's Medical Center/University of Connecticut, Farmington, CT; Jenna Wallace, PsyD, West Virginia School of Medicine, Morgantown, WV; Jennifer Cervantes, MSW, Baylor College of Medicine at Texas Children's Hospital, Houston, TX; DePorres Cormier, MD, Saint Louis University, St. Louis, MO; Dinah Godwin, MSW, LCSW, Baylor College of Medicine/ Texas Children's Hospital, Houston, TX; Shruti Mittal, MD, Atrium Health, Concord, NC; Hannah Perrin, MD, UCSF, San Francisco, CA; Lisa Spector, MD, Nemours Children's Hospital, Orlando, FL; Marisa Toomey, MD, University of Kentucky (UK) HealthCare/Kentucky Children's Hospital, Lexington, KY; Kate Wallis, MD, MPH, The Children's Hospital of Philadelphia, Philadelphia, PA; Georgina Peacock, MD, MPH, Centers for Disease Control and Prevention, Atlanta, GA*

### **Description:**

This workshop provides trainees and practicing professionals in developmental-behavioral pediatrics and related fields an introduction to advocacy through a cross-sectional analysis of policy changes and related implications in response to the pandemic caused by novel coronavirus, SARS-CoV-2. Attendees will analyze and process changes made on the local, state, and federal level through a variety of individuals and agencies. This year's keynote speaker is Georgina Peacock, MD, MPH, FAAP (Director, Division of Human Development and Disability for the CDC), who will discuss her experience as a DBP in the Community and At-Risk Populations Task Force for the CDC during this pandemic.

## **Workshop G: Assessing and Managing Self-Injurious Behaviors and Suicidality in Vulnerable Youth**

*Veronica Meneses, MD, MSHS, Texas Scottish Rite Hospital for Children, University of Texas Southwestern, Dallas, TX; May Lau, MD, MPH, University of Texas Southwestern and Children's Medical Center; Adolescent and Young Adult Clinic, Dallas, TX; Jennifer Hughes, PhD, MPH, University of Texas Southwestern and Children's Medical Center; Center for Depression Research and Clinical Care, Dallas, TX; Hilda Loria, MD, University of Texas Southwestern and Children's Medical Center; Rees-Jones Center for Foster Care Excellence, Dallas, TX*

### **Description:**

A multidisciplinary team (developmental-behavioral pediatrician, academic general pediatrician specializing in foster care and immigrant youth, clinical psychologist, and adolescent medicine specialist) will highlight various medical and psychological societies' guidelines for assessing and managing non-suicidal self-injury and suicidality (suicidal ideation, plans, and attempts) in vulnerable youth. Evidence-based skills for screening and management, such as psychotherapy and medication, for youth with complex medical conditions/disabilities, psychosocial adversity (including immigration and social distancing during a pandemic), and diverse sexual and gender identities will be practiced in small group case discussions. The panel of speakers will then discuss participants' challenging cases.

