

# SDBP Teaching DBPeds Workshop 2017

Friday, October 13, 2017

Time: 1:00 to 7:35 pm

TIME	Room 1	Room 2
1:00-1:05 pm	Welcome & Orientation/Introduction	
1:10-1:30 pm	Common Session <b>Best Practices Initiative</b> D'Sa V	
<b>BREAKOUT SESSION 1</b> 1:35-2:35 pm	<b>Professionalism –How Do We Define It And How Can We Measure It?</b> J Poon, S Cobb, B Emrick, L Carpenter	<b>The Shared Decision-Making Process: Background and Application for Education of Pediatric Professionals</b> R Adams, V Bordes Edgar
2:35-2:40 pm	Break	
<b>BREAKOUT SESSION 2</b> 2:40- 4:10 pm	<b>Mindfulness in Developmental-Behavioral Pediatrics: Caring for our Patients and Ourselves</b> H Bhakta, S Lam, R Myers, K Ponitz, S Rusnak, M Clark	<b>Shared Decision-Making in Developmental-Behavioral Pediatrics: Teaching Residents</b> L Huffman, L Hubner
4:10-4:30 pm	Break with Refreshments	
<b>BREAKOUT SESSION 3</b> 4:30-6:00 pm	<b>Mindful Clinical Practice: Tools for DBPeds Learners</b> P Sullivan, L Sturm	<b>Teaching Pediatric Residents Assessment and Management Strategies to Address Common Behavioral Concerns in General Practice</b> S Monteiro, K Ostermaier, G Villarreal, J Castillo, L Pham, N Mensah-Bonsu, D Godwin, R Voigt, J Topham, J Dempsey
6:00-6:05 pm	Break	
<b>BREAKOUT SESSION 4</b> 6:05-7:35 pm	<b>Infant Mental Health Training in DBP Settings</b> D Vanderbilt, P Lakatos, T Matic, K Schifsky	<b>From Madness to Methods: Expanding Knowledge and Repertoire of Instructional Teaching Methods in Developmental and Behavioral Pediatrics</b> E Myers

## Teaching Workshops – Descriptions from Forms:

### 1:10-1:30pm

#### **Common Session: BEST PRACTICES INITIATIVE**

*Viren D'Sa, Brown Medical School, Attleboro, MA*

#### **Brief Workshop Description: to come**

### 1:35-2:35pm

#### **PROFESSIONALISM –HOW DO WE DEFINE IT AND HOW CAN WE MEASURE IT?**

*Jennifer Poon, MD, Medical University of South Carolina, Charleston, SC, Stacey Cobb, MD, University of South Carolina, Columbia, SC, Beth Emrick, MD, West Virginia University Charleston Division, Charleston, WV, Laura Carpenter, PhD, Medical University of South Carolina, Charleston, SC*

#### **Brief Workshop Description:**

Principles of professionalism will be reviewed. Learning objectives related to professionalism will be developed in a small group setting and shared.

#### **THE SHARED DECISION-MAKING PROCESS: BACKGROUND AND APPLICATION FOR EDUCATION OF PEDIATRIC PROFESSIONALS**

*Richard C. Adams, MD, Veronica Bordes Edgar, PhD, University of Texas Southwestern Medical Center, Dallas, TX*

#### **Brief Workshop Description:**

The session will discuss the tenets of Shared decision-making (SDM) and how its use supports the incorporation of involved stakeholders. With an increased knowledge of and understanding of SDM tools for clinical and/or research endeavors, the learner will improve the overall beneficence of the physician, the authority of the family, and the autonomy and well-being of the child in these activities.

### 2:40-4:10pm

#### **MINDFULNESS IN DEVELOPMENTAL-BEHAVIORAL PEDIATRICS: CARING FOR OUR PATIENTS AND OURSELVES**

*Hemangini Bhakta, MD, Suet Kam Lam, Ross Myers, MD, Keith Ponitz, MD, UH Rainbow Babies and Children's Hospital, Cleveland, OH, Suzanne Rusnak, MEd, MSSA, University Hospitals, Cleveland, OH, Marie A. Clark, MD, MPH, UH Rainbow Babies and Children's Hospital, Cleveland, OH*

#### **Brief Workshop Description:**

Mindfulness is becoming a well-recognized tool to assist patients in dealing with chronic illness, as well as to combat the stress and fatigue of medical practice and training. The goal of this workshop is to prepare participants to use interactive methods to teach trainees an introduction to mindfulness techniques for use in practice with patients and in personal growth and development.

#### **SHARED DECISION-MAKING IN DEVELOPMENTAL-BEHAVIORAL PEDIATRICS: TEACHING RESIDENTS**

*Lynne C. Huffman, MD, Lauren M. Hubner, MD MPH, Stanford University, Stanford, CA*

#### **Brief Workshop Description:**

Shared decision-making (SDM) is ideally suited for communication about initiation and changes in DBP-related treatments. In this workshop, we will utilize several evidence-based approaches to SDM training. At the conclusion of the workshop, participants will have experience with three different SDM aids and one observer-based outcome measure, which can be carried back for use in their own institutions.

**4:30-6:00pm**

**MINDFUL CLINICAL PRACTICE: TOOLS FOR DBPEDS LEARNERS**

*Paula Sullivan, PhD, Lynne Sturm, PhD, Indiana University School of Medicine, Indianapolis, IN*

**Brief Workshop Description:**

Workshop attendees will learn tools to foster self-reflection, self-compassion and self-care in DBPeds learners. Participants will experience brief mindfulness practices, readings from narrative medicine and reflective writings to use in clinical precepting and post-encounter debriefing with learners.

**TEACHING PEDIATRIC RESIDENTS ASSESSMENT AND MANAGEMENT STRATEGIES TO ADDRESS COMMON BEHAVIORAL CONCERNS IN GENERAL PRACTICE**

*Sonia Monteiro, Kathryn Ostermaier, MD, Grace Villarreal, MD, Jonathan Castillo, MD, Lisa Pham, MD, Noel Mensah-Bonsu, MD, Dinah Godwin, MSW, Robert Voigt, MD, Jonathan Topham, MD, Jack Dempsey, PhD, Baylor College of Medicine/ Texas Children's Hospital, Houston, TX*

**Brief Workshop Description:**

Participants will build a multi-dimensional curriculum for residents that addresses common behavioral concerns that occur in general practice.

**6:05-7:35pm**

**INFANT MENTAL HEALTH TRAINING IN DBP SETTINGS**

*Douglas Vanderbilt, MD, MS, Patricia Lakatos, PhD, Tamara Matic, PhD, Kelly Schifsky, DO, Children's Hospital Los Angeles, Los Angeles, CA*

**Brief Workshop Description:**

Pediatric providers are increasingly being expected to identify and manage early signs of behavioral problems in infancy often without formal training. Our workshop empowers the DBP educator with specific teaching methodologies for training residents and fellows in the basics of infant mental health.

**FROM MADNESS TO METHODS: EXPANDING KNOWLEDGE AND REPERTOIRE OF INSTRUCTIONAL TEACHING METHODS IN DEVELOPMENTAL AND BEHAVIORAL PEDIATRICS.**

*Emily Myers, MD, University of Washington School of Medicine, Seattle, WA*

**Brief Workshop Description:**

This interdisciplinary and interactive workshop, from Madness to Methods (M2M), is an evidence-based technique to engage educators in both learning and applying novel teaching techniques. Participants in this workshop will engage in one session of M2M, using participant-developed learning objectives in the field of Developmental and Behavioral Pediatrics.