

2018 Concurrent Sessions

Concurrent Session 1: MEETING PSYCHOTROPIC MEDICATION PRESCRIBING NEEDS IN PRIMARY CARE: INTERPROFESSIONAL COLLABORATION INVOLVING PEDIATRICIANS, PSYCHIATRISTS, AND PSYCHOLOGISTS

Jeffrey Shahidullah, PhD, Rutgers University, Piscataway, NJ; Cody Hostutler, PhD, Nationwide Children's Hospital and Ohio State University, Columbus, OH; Paul Kettlewell, PhD, Geisinger Health System, Danville, PA; Julie Pajek, PhD; Lisa Ramirez Shah, PhD; Raman Marwaha, MD, MetroHealth Medical Center and Case Western Reserve University School of Medicine, Columbus, OH; Terry Stancin, PhD, MetroHealth Medical Center/Case Western Reserve University, Cleveland, OH; Rebecca Baum, MD, Nationwide Childrens Hospital, Columbus, OH

Brief Description:

Primary care physicians often prescribe psychotropic medications for pediatric patients, but training, time, and reimbursement issues can hamper best practice. Psychiatrists available by telehealth and psychologists embedded in the medical home have been described to enhance care via collaborative medication-related roles (e.g., Shahidullah et al. 2018). However, how to best access developmental-behavioral pediatricians (DBPs) for direct clinical consultation has yet to be explored. This presentation describes innovative medication consultation models involving psychiatrists and psychologists that may lead to DBP consultation options. Mixed-method approaches provide data regarding improved standard of care via access to medication management and adherence to prescribing guidelines/algorithms.

Concurrent Session 2: THE "EPIDEMIC" OF INFANTS WITH SEX CHROMOSOME DISORDERS: RESEARCH UPDATES AND THE ROLE OF THE DEVELOPMENTAL PEDIATRICIAN

Nicole Tartaglia, MD, Developmental Pediatrics, Children's Hospital Colorado, Aurora, CO; Kristen Wigby, MD, University of California - San Diego, San Diego, CA; Rebecca Wilson, PsyD, Children's Hospital Colorado, Aurora, CO

Brief Description:

The introduction of noninvasive prenatal genetic screening (NIPS) of fetal DNA (fDNA) has led to increasing prenatal diagnoses of many genetic disorders, including sex chromosome disorders such as XXY, Trisomy X, XYY, and Turner syndrome. This session reviews current genetic methods used for prenatal genetic diagnosis and the changing landscape of prenatal testing for all genetic conditions. Sex chromosome disorders occur in 1:400 births, and there has been a marked increase in prenatal diagnosis of these conditions. Overview of the conditions, updates in research (neurodevelopmental and medical/endocrine), controversies, and the role of Developmental Pediatricians and Psychologists will be discussed.

Concurrent Session 3: BEYOND THE EXAM ROOM: PARTNERING WITH FAMILIES TO ADDRESS HEALTHCARE DISPARITIES FOR UNDERSERVED COMMUNITIES

Peter J Chung, MD, UCI, Santa Ana, CA; Maureen Dillon, LCSW, The Center for Autism & Neurodevelopmental Disorders, Santa Ana, CA; Hyun Park, MD, University of California Irvine, Santa Ana, CA

Brief Description:

Speakers will provide a literature review regarding health care disparities as well as efforts that can be designed to address them. Panelists, including a physician, social worker, and parents of children with autism spectrum disorder, will discuss the formation and ongoing contribution of a Latino family group designed to increase engagement and provide support for the local Spanish-speaking community in Orange County. Participants will have the opportunity to discuss and share ideas for outreach in their own settings and learn from their shared experiences.

Concurrent Session 4: DIAGNOSTIC OVERSHADOWING IN CHILDREN AND ADOLESCENTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

Roger Apple, PhD, Neelkamal Soares, MD; Priscilla Woodhams, MD, Western Michigan Univ Homer Stryker SOM, Kalamazoo, MI

Brief Description:

This concurrent session will:

- Define diagnostic overshadowing in the context of individuals with Intellectual and Developmental Disabilities and comorbid psychiatric conditions
- Provide examples of diagnostic overshadowing
- Describe the importance of accurate assessment to help reduce diagnostic overshadowing
- Describe the role of the General Pediatrician
- Identify comorbid conditions often present with Intellectual and Developmental Disabilities
- Discuss assessment of mental health diagnoses and intervention strategies
- Discuss the importance of multidisciplinary team assessment and intervention
- Discuss the need to modify assessment and intervention strategies to meet the needs of individuals with Intellectual and Developmental Disabilities
- Provide overarching guidelines to help eliminate diagnostic overshadowing
- Review a case example

Concurrent Session 5: Lectureship Concurrent

Benard P. Dreyer, MD, FAAP, Director, Division of Developmental-Behavioral Pediatrics, New York University School of Medicine

Concurrent Session 6: YOU CAN'T BE WHAT YOU CAN'T SEE: CREATING INTER-PROFESSIONAL PARTNERSHIPS TO ASSIST HIGH-RISK MINORITY YOUTH IN ACHIEVING THEIR DREAMS

Renee Kinman, MD, PhD, MEd, University of California San Francisco Fresno, Fresno, CA; Kelly Colwell-Walker, MEd, Fresno Unified School District, Fresno, CA; Rhonda Watkins, MD, MPH, University of California San Francisco Fresno, Fresno, CA; Rachel McCoy, BA, NorthEast Ohio Medical University, Rootstown, OH; Britney Umanzor, High School Student; Emily De Los Santos, High School Student; Ashley Christopher, High School Student, Fresno High School, Fresno, CA

Brief Description:

Pediatricians working in impoverished communities struggle daily with the social determinants of health. Although medical efforts have traditionally concentrated on downstream interventions to improve individual health, there has been increased awareness of the benefits of addressing the upstream social determinants of health, including providing impoverished minority youth with positive life experiences and opportunities to assist them in reaching their full potential. Pediatricians and medical education training programs thus have a unique ability to step out of the practice setting to develop grassroots inter-professional partnerships with others in the local community to effectively impact community health, while utilizing a youth-as-partner approach.

Concurrent Session 7: AUTISM UPDATES TO IMPROVE CARE: TOP TEN ADVANCES and ADDRESSING AUTISM INEQUALITY

Carolyn Bridgemohan, MD, Boston Children's Hospital, Boston, MA; Susan Hyman, MD, University of Rochester, Rochester, NY; Katharine Zuckerman, M.D., M.P.H., Oregon Health & Science University, Portland, OR

Brief Description:

This session sponsored by the Autism SIG will present updates in research, clinical care and policy related to autism spectrum disorder (ASD). Dr. Susan Hyman will present the top 10 research developments in the field in 2018 and Dr. Katharine Zuckerman will discuss the current evidence about racial, ethnic and socioeconomic disparities in individuals with ASD and strategies for addressing these disparities.

Concurrent Session 8: CODING: WHETHER IN THE EXAM ROOM OR OUT, MENTAL HEALTH OR DBP - BILLING AND CODING- WHAT YOU NEED TO KNOW

Marilyn C. Augustyn, MD, Boston University, Somerville, MA; Rebecca Baum, MD, Nationwide Childrens Hospital, Columbus, OH

Brief Description:

Billing and coding, though critical to DBP viability, can feel overwhelming and confusing. In this session, we will demystify the process from an idea to a code (Current Procedural Terminology (CPT)) to Relative Value Unit (RVU) assignment (Resource-Based Relative Value Scale Update Committee(RUC)). We will give updates on several emerging and modified codes including 96110,96111, 96127 and 99358 as well as discussion about topics including a quality of life code and functional status codes. Through this interactive session we hope that learners will feel less intimidated to utilize newer codes and more so, empowered to help initiate their own ideas.

Concurrent Session 9: FINDING A DBP HOME IN BEHAVIORAL HEALTH: PROMOTING CHILD DEVELOPMENT AND PROVIDER WELL-BEING

Roxanne Almas, MD; Meera Sukumaran, MD; Kenneth Allen, PhD; Laura Seidel, OTR/L, Santa Clara Valley Medical Center, San Jose, CA

Brief Description:

Using an interactive panel discussion with professionals of various areas of expertise, this 90 minute concurrent session will describe an innovative model of care where Developmental Behavioral Pediatrics is embedded into Behavioral Health within a county hospital-wide system in an underserved metropolitan setting. A DBP, a psychologist and an occupational therapist, through their professional lenses, will characterize how this model works to enhance patient care and collaboration, will describe the funding structure and program logistics and will share effective ways to minimize provider burnout through reflective practice and trauma-informed principles.

Concurrent Session 10: CONDUCTING ELECTRONIC HEALTH RECORD RESEARCH IN DEVELOPMENTAL AND BEHAVIORAL PEDIATRICS: CHALLENGES AND OPPORTUNITIES

Jareen Meizen-Derr, PhD, Cincinnati Children's Hospital Med Ctr, Cincinnati, OH; Marilisa Elrod, M.D., Ph.D., Naval Medical Center Portsmouth, Portsmouth, VA; Yair Barnett, M.D., Stanford University, Stanford, CA; Cy Nadler, PhD, Children's Mercy Kansas City, Kansas City, MO

Brief Description:

This concurrent session, sponsored by the SDBP Research Committee, focuses on the use of electronic health record (EHR) data to address important DBP research questions. Presenters will provide an overview of EHR research methods, opportunities and challenges of using EHR data, and real-world examples of DBP-focused EHR research. Attendees may share their own clinical research experiences and ask the speakers questions in a panel discussion.

Concurrent Session 11: SURVIVING AND THRIVING IN EARLY CAREER DEVELOPMENT: A CONCURRENT FOR TRAINEES AND RECENT GRADUATES

Shruti Tewar, MBBS, University of Iowa Children's Hospital, Iowa City, IA; Kara Monnin, MA, Kent State University, Kent, OH; Shruti Mittal, MD, Medical University of South Carolina, Charleston, SC

Brief Description:

This session is targeted towards professional development for fellowship trainees and early career faculty in the field of medicine and psychology. The concurrent will address preparing for job recruitment, navigating the interview process, tips for contract negotiation, managing work expectations and maintaining momentum for research and scholarly work after training, continued mentorship, life-work integration. The session will be didactic with opportunities for audience participation and questions throughout and panel discussion/Q & A with the speakers towards the end of the session.

Concurrent Session 12: VOICE AND CHOICE: DEVELOPING AND DEMONSTRATING THE ROLE OF THE FAMILY PARTNER

Carrie Mauras, PhD; Alison Schonwald, MD; Kate Linnea, PhD, Boston Children's Hospital, Boston, MA; Lynne Huffman, MD, Stanford University, Stanford, CA; Bridget Thompson, DO, Hasbro Children's Hospital/Brown University, Providence, RI; Leah Cohen, MSN, CPNP, Boston Children's Hospital, Boston, MA

Brief Description:

Developmental Behavioral Pediatrics programs increasingly embrace the importance of Family Partners. However, no roadmap guides and optimizes the process of incorporating a Family Partner into an existing structure. This interactive session will provide participants with the knowledge and skills to develop, integrate, and evaluate the role of a Family Partner within their own organizations, including the creation and use of a Logic Model.

Concurrent Session 13: ADHD SIG: PSYCHOSOCIAL TREATMENTS FOR ADOLESCENTS WITH ADHD

Tanya Froehlich, MD, Cincinnati Children's Hospital Medical Center, Cincinnati, OH; Jason Fogler, PhD, Division of Developmental Medicine, Boston Children's Hospital/Harvard Medical School, Boston, MA; Steve Evans, PhD, Ohio University, Athens, OH

Brief Description:

At this year's ADHD SIG, we will review evidence-based, developmentally appropriate psychosocial interventions for adolescents with ADHD, including techniques to address common treatment targets such as impulsivity, executive dysfunction, ineffective work/study habits, and difficulty following routines. Ways to leverage school supports and assistive technologies will also be discussed. Following the presentation, SIG co-chairs will provide an update on the subspecialty ADHD practice guideline proposal and discuss other SIG business.